

# CROSSFIT STRONGHOLD

Forging Elite Fitness in Point Loma since 2007



Current Rates as of November 18, 2011

## CrossFit Only

Payment Method	Regular Rate	Discounted Rate*
Month to Month	\$130	\$115
Monthly auto-pay**	\$120	\$105
3 months in advance	\$335 (save \$25)	\$290 (save \$25)
6 months in advance	\$600 (get 1 month free)	\$525 (get 1 month free)
1 year in advance	\$1080 (get 3 months free)	\$945 (get 3 months free)

## BJJ Only

Payment Method	Regular Rate	Discounted Rate*
Monthly Cash	\$125	\$110
Monthly auto-pay**	\$115	\$100
3 months in advance	\$320 (save \$25)	\$275 (save \$25)
6 months in advance	\$575 (get 1 month free)	\$500 (get 1 month free)
1 year in advance	\$1035 (get 3 months free)	\$900 (get 3 months free)

## CrossFit + BJJ

Payment Method	Regular Rate	Discounted Rate*
Monthly Cash	\$160	\$145
Monthly auto-pay**	\$150	\$135
3 months in advance	\$425 (save \$25)	\$380 (save \$25)
6 months in advance	\$750 (get 1 month free)	\$675 (get 1 month free)
1 year in advance	\$1350 (get 3 months free)	\$1215 (get 3 months free)

## Kids BJJ

Payment Method	Regular Rate	Discounted Rate*
Monthly Cash	\$110	\$95
Monthly auto-pay**	\$100	\$85
3 months in advance	\$275 (save \$25)	\$230 (save \$25)
6 months in advance	\$500 (get 1 month free)	\$425 (get 1 month free)
1 year in advance	\$900 (get 3 months free)	\$765 (get 3 months free)

\* **Discounted Rates** are available for active military, law enforcement, fire department personnel

\*\* **No Contracts** but if you need to suspend or terminate recurring billing please let us know 30 days before your next billing date

\*\*\* **Dues paid in advance** are non transferrable. No refunds, extensions, or exceptions

\*\*\*\* **Family Discounts** Add your spouse or child for \$15 off monthly rate

The Stronghold Crossfit & Brazilian Jiu Jitsu

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